



HAPPY BIRTHDAY NHS!

On 5th July, the NHS turns 70, so we take this opportunity to reflect back on how general practice has developed since 1948.

A timeline: highlights in the development of General Practice since 1948

1948: NHS is formed

GPs take on responsibility for covering entire population and controlling access to specialist care. Within one month 90% of population have registered with a GP.

1950s: Collins report

First major report on quality in general practice finds poor standards of care, bad working conditions and isolation from other professionals. Most GPs working single-handed or with one partner. It is common for the GP practice to be in the GP's home.

1966: new contract improves pay and conditions for GPs, instituting maximum patient list size of 2,000.

1970's: professional standards

After years of concern about inadequacy of GP training, from 1976, three-year postgraduate training becomes mandatory.

The Alma-Ata Declaration of 1978 identifies primary health care as the key to attaining of the goal of Health for All.

1980's: increased scrutiny

The Royal College of General Practitioners Quality Initiative is launched in response to evidence of large variation in clinical practice.

1990's: evolving role

GP fundholding allows GPs to commission services on patients' behalf, incen-

tivating a wider involvement with the health system.

2000's: quality and shared responsibilities

Increased emphasis on performance related pay, quality indicators and stronger regulatory mechanisms, with annual appraisals for GPs introduced from 2002 and a requirement to register with the Care Quality Commission (CQC) from 2011. Roles are expanded for nurses and other practice staff, with care being provided and managed by an increasingly multi-professional team, enabling GPs to relinquish many routine and non-clinical tasks.

What we should celebrate: by local experienced NHS professionals



A young Simon James, before he trained to be a GP

Dr Simon James, GP at The Grove since 2001

Qualified in 1994 from the Royal Free Medical School in London.

Worked as a GP in Bromley and joined the Grove Surgery in 2001.

Worked as a Clinical Assistant in Christchurch Hospital for 4 years.

Recently became a GP trainer and will be mentoring the next generation of GPs.

I think that the NHS is going from strength to strength despite the perpetual problems faced due to funding and recruitment. Patient demand has never been higher and I am proud to be a GP - the lynch-pin of national healthcare provision.

Roger Browning, former Chief Executive of Dorset HealthCare University NHS Foundation Trust

Worked in Acute hospitals, Primary Care and Health Authorities in London and the South, before becoming Chief Executive of Dorset HealthCare University NHS Foundation Trust.

GPs have seen many changes over the last 70 years - some good, some bad.

GPs are much more clinically knowledgeable now and some also work in local hospitals or clinics as GPs with Special Interest in a clinical specialty. They are now more likely to ensure patients understand their conditions, various treatments available, benefits and risks involved and support them to make their own decisions.

Advances in medical research and technology mean that there are many more treatments available now, although there are also many more patients living longer with greater expectations, which in turn places increased demands on their doctor's time.

Looking forward to the next 70 years of the NHS, there is little doubt that GPs and the Primary Care Teams will still be the first port of call for patients and, whichever GP the patient sees, the relationship and trust will continue to be paramount.



Roger as a budding Chief Executive

Who's
Who:
Sarah
Dewey



Is celebrating 15 years at The Grove!

Job: Senior Receptionist

Career history: I have worked at the Grove Surgery for 15 years. I joined in June 2003. Before I joined the Grove I was in retail whilst my children were growing up, but I originally trained to be a chef and worked in Michael Caine's restaurant in London. Sadly I had to give this up as I was allergic to many foods!

Hobbies: I love live music and bands, cycling, family holidays and walking my dog Leo.

Best thing about job: When I have interaction with the patients, who I have known over many years and especially when the new-borns visit us.

Most likely to say: Oh!

Patient Testimonial

Hello, my name is Barry, and I would like to share with my story about excellent service I received from the Grove Surgery.

In early July of last year, I saw Doctor James about a shoulder problem I had been suffering with for several months. Very quickly he diagnosed suspected Supraspinatus Tendonitis. He referred me for an X-ray at Christchurch hospital. The X-ray didn't reveal much, so a week after my initial GP appointment, I was sent for an ultrasound at the Providence surgery (part of the group) in Boscombe.

That same afternoon the results were back at Doctor James' computer which confirmed his original diagnosis, and with the picture on his computer monitor, he gave me a Cortisone injection. Nearly a year later I am still free of pain in my shoulder. What amazing service. We really are so fortunate to have a doctors' surgery that can provide so many first class services.

Ask your GP or reception about our additional services

Weekend appointments are now available at Boscombe & Springbourne Health Centre.

Call or visit The Grove Surgery to book.

Focus on: nurse practitioners



Nurse Practitioners (NPs) are specially trained nurses with the knowledge, skills and qualifications to assess, diagnose and decide on the appropriate course of treatment for patients.

NPs go through rigorous training, including shadowing and being clinically supervised by senior doctors, taking exams and being assessed in work to ensure they are competent to do the job. They can provide treatment and advice for many problems for which you may have seen a doctor for in the past and are becoming a more common fixture in GP practices across the UK.

Expertise

A NP can assess and examine you, make a diagnosis and provide advice and treatment including a prescription. They can make referrals to hospital doctors or other health care professionals, and admit patients into hospital when necessary.

Appointments

Appointments with a NP are usually more readily available than GP appointments. When you call or visit the surgery to book an appointment, a receptionist will advise you whether a NP appointment is appropriate for you.

Did Not Attend (DNA) Update

At The Grove Surgery in the month of June, we had 97 DNAs, equating to a minimum of 16 hours of wasted clinical time. We would like your views on how to minimise DNAs. Share your views by emailing: samantha.gauntlett@dorset.nhs.uk



MenACWY Vaccination

Are you getting ready to start University? Teenagers and "fresher" students going to university for the first time are advised to have a vaccination to prevent meningitis and septicaemia, which can be deadly. Older teenagers and new university students are at higher risk of infection because many of them mix closely with lots of new people, some of whom may unknowingly carry the meningococcal bacteria at the back of their noses and throats.

The MenACWY vaccine is given by a single injection into the upper arm and protects against four different strains of the meningococcal bacteria that cause meningitis and blood poisoning (septicaemia): A, C, W and Y.

Invitations will be sent out to all patients eligible for the MenACWY vaccine but if **you are going off to university PLEASE make sure you have the vaccine before you go. Call or visit the surgery to arrange your appointment now.**

PPG* corner

*Patient Participation Group

The Grove PPG organised a Get to Know the Grove morning tea, in support of Cupcake Day for the Alzheimers' Society on Saturday 16th June. Staff members, PPG members and patients brought and bought cupcakes, took part in a raffle, played games and raised £78.95 for the Alzheimer's Society, taking the total amount raised by staff and patients to £170.42. Well done everyone and thank you for taking part!



Join the PPG! For info, email: grove.ppg@dorset.nhs.uk